

FIVE STAR DAY SPA PACKAGES

THE UNWINDER (1 1/4 HRS) \$135

C Star Facial - Relaxation Massage

GODDESS ISIS (1 1/2 HRS) \$150

Restore Body Exfoliation - Remedial Massage

SOAK & STONE (1 1/2 HRS) \$165

Hydrotherapy Spa - Aromatic Hot Stone Massage

WEEKEND WARRIOR (1 1/2 HRS) \$155

Back exfoliation- Sea mineral mud pack - Back & Scalp Massage - Rejuv Facial

SIMPLY HEAVEN (2 HRS) \$198

Aromatic Stone Massage - Aromatic Facial

FIVE STAR TAPAS (2 1/4 HRS) \$225

Back Exfoliation - Back Massage - Facial - Manicure - Pedicure

*FRAZZLED TO FANTASTIC (2 1/2 HRS) \$245

Hydrotherapy Spa - Full Body Remedial Massage - Classic Facial

*COUPLES INDULGENCE (1 3/4 HRS) \$240

Back Exfoliation - Aromatic Body Massage - Vitamin Facial

** Enjoy light refreshments in our decadent couples room.*

HEAVENLY GODDESS (3 1/2 HRS) \$355

Body Exfoliation - Hydrotherapy Bath - Hot Stone Massage
Classic Facial ** Includes lunch.*

THE DIVINE (5 1/2 HRS) \$495

Body Exfoliation - Hydrotherapy Spa - Aromatic Wrap or Massage

Anit-Ageing Facial - Signature Manicure - Signature Pedicure

** Includes lunch.*

GIRLS DAY OUT

Let us create a wonderful experience for friends & family by celebrating special events like a Hens Party, Bridal Shower Tea's, Birthdays or anything you can think of. We can also provide platters & desserts to complete your day out.

CORPORATE

There is nothing like a soothing treatment to get your team in the right frame of mind to achieve. From treatments for the individual through to your full team. Call today for more information.

GROUP BOOKINGS

We can cater for up to nine clients at the same time, advanced notice will ensure availability. We do require a deposit at the time of booking.

SPA ETIQUETTE

Please arrive a minimum of 15 mins prior to your appointment to ensure optimum relaxation. Unfortunately late arrivals result in shorter treatment times.

ALL OUR INDULGENT TREATMENTS ARE
AVAILABLE AS GIFT VOUCHERS

PLEASE PROVIDE A MINIMUM OF 24HRS NOTICE
FOR ANY CANCELLATION

SATURDAY CANCELLATION POLICY.

Due to the high popularity of this day, we require a credit card
deposit on all treatments booked.

Our full Treatment Menu can be viewed on line at
www.fivestardayspa.com.au

RELAX ~ UNWIND ~ INDULGE



FIVE STAR DAY SPA

HOURS

Monday	9am - 5pm
Tuesday	9am - 7pm
Wednesday	9am - 6pm
Thursday	9am - 7pm
Friday	9am - 6pm
Saturday	9am - 5pm

Shop 1a Fountain Plaza
148 Central Coast Highway Erina 2250
Phone 4365 0515 fivestardayspa@bigpond.com
www.fivestardayspa.com.au
Join us on FB & receive the latest
Five Star exclusive promotions.



FIVE STAR DAY SPA

Step inside and discover a warm and inviting atmosphere; a world of tranquility and comfort. Our highly trained staff are committed to excellence.

At Five Star we specialise in a wide variety of skin care and anti ageing treatments for both men and women. From our relaxing massages using aromatic oils to our invigorating body treatments that deeply cleanse and renew the skin's texture, everything has been designed to help you relax ~ unwind ~ indulge.

ANTI AGEING FACIAL TREATMENTS

*A-zyme – Face, Neck & Décolletage (60 mins)	\$199
*Rewind The Clock- L.E.D - Peel - Serum - Sono (75 mins)	\$155
*Microdermabrasion (60 mins)	\$125
*Microdermabrasion - Hand Peel or Vitamin Infusion (75 mins)	\$145
*Lactic Peel (30-60 mins)	\$85
*Lactic Peel - Vita Peel on Décolletage & Hand (60 mins)	\$160
*Flash C Facial - L.E.D (60 mins)	\$120

INDULGENT FACIAL TREATMENTS

Personalised Facial (45 mins)	\$85
Personalised Facial - Vitamin (60 mins)	\$105
Traditional facial- Ebw & Lash tint (75 mins)	\$135
*Rosacea Repair Facial (60 mins)	\$140
*100% Elastin/Collagen Facial (60 mins)	\$130
*100% Elastin/Collagen Facial - Sono (60 mins)	\$150
Signature Aromatic Facial (90 mins)	\$160

HAND AND FEET TREATMENTS

Duo Perfection Hands & Feet (75 mins)	\$120
Signature Aromatic Stone Pedicure (65 mins)	\$99
Signature Aromatic Stone Pedicure - Eye Treatment (80 mins)	\$129
Express Hands or Feet (35 mins)	\$49

THERAPEUTIC MASSAGE THERAPIES

*Aromatic Hot Stone (60 mins)	\$120
*Aromatic Hot Stone (90 mins)	\$150
Ocean Memory Full Body Massage - Mineral Mud Back Treatment (75mins)	\$145
##*Oncology Massage (75 mins)	\$110
##*Pregnancy Massage (60 mins)	\$99
##*Remedial Massage (45 mins)	\$85
##*Remedial Massage (60 mins)	\$95
##*Remedial Massage (90 mins)	\$130
Tension Relief Massage - Hydro 72 Jet Spa (90 mins)	\$145
Indian Head Massage or Foot Reflexology (45 mins)	\$85
Aromatherapy Relaxation Massage (60 mins)	\$90

INTENSIVE BODY TREATMENTS

Hydro 72 Jet Spa (25 mins)	\$60
Blissamo Body Polish (50 mins)	\$85
Replenishing Moisture Wrap (60 mins)	\$135
Replenishing Moisture Wrap - Facial (90 mins)	\$175
*Detox Treatment - Exfoliation - Seaweed Wrap - Steam	\$155
*Detox Treatment - Exfoliation - Seaweed Wrap -	\$225
Steam - Lymph massage	
*Cellulite Treatment - Geisha Brushing - Coffee Wrap	\$140
*Cellulite Treatment - Geisha Brushing - Coffee Wrap - Hydrosipa	\$175
Sun Fx Bronzing (20 mins)	\$45
Sun Fx Bronzing & Exfoliation (45 mins)	\$85

**Course of treatments are highly recommended to obtain the desired result ...Treatment packages are available upon request.
#Treatments are claimable on private health cover.*

ALLOW YOURSELF TO RELAX, UNWIND & INDULGE

DISCOVER THE INNER PEACE YOU DESERVE

BODY WAXING

Chin or Lip	\$14
Underarm	\$22
Full Leg	\$55
Half Leg	\$35
Full Arm	\$40
Half Arm	\$26
Bikini from	\$29
Intimate Bikini from	\$39
Brazilian	\$59

Combine three or more waxing services and receive 10% off.

MEN'S WAXING

Back	\$45
Chest	\$45
Full Leg	\$75

FOR YOUR EYES

Eyebrow Wax	\$22
Eyebrow Tint	\$18
Eyelash Tint - Stand alone Treatment	\$25
Eyebrow Wax & Eyelash Tint	\$36
Eyebrow & Eyelash Tint	\$33
Eyebrow Wax/Tint & Eyelash Tint	\$50

BODY ESSENTIALS (1 3/4 HRS)

Eyebrow Wax & Eyelash Tint - Half Leg & Bikini Wax Spa Manicure or Pedicure	\$145
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ADDITIONAL SERVICES

Laser Hair Removal	\$POA
Anti-Wrinkle Injections	\$POA

Please call reception for more information on these services.